



Thank you for considering/choosing Moody Neurorehabilitation Institute. We hope that you find the following list helpful while preparing for your stay with us.

If you have any problems or questions regarding the items to bring, please contact the Admissions Office at: (409) 762-6661.

MEDICATIONS

Please bring the medications in with you on the day of admission and keep medications within reach while packing!

The following are standards established by the Texas Department of Aging and Disability Services (DADS). To assure your health and safety, the following conditions must be met prior to admission:

1. Bring all prescribed medications, including if applicable, diabetic supplies.
2. Bring all prescribed medications with you on the day of admission. Please obtain refills for those medications that are ready to be refilled.
3. Each medication must be in the original bottle and must have pharmacy labels.
4. Provide information on how Moody Neuro is to get your medications refilled (prescription benefits, co-pays, and/or self-pay). You can fax over your medication information to our Moody Neuro Nurse at Fax #: (409) 797-1496.

Moody Neuro patients have the option to refill their medication with the pharmacy that works in conjunction with the Space Center and Lubbock facility for reorder and resupply of patient medications. Please inform the nurse, if you decide to use their preferred pharmacy or if you prefer to use your own pharmacy.

5. Bring your Insurance Card, Prescription Card, Medicaid form, and/or Medicare Card(s). These items are important in case of an emergency or for doctor appointments.
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LEGAL PAPERS AND DOCUMENTATION

If applicable, please bring the following documents Social Security Insurance (SSI), Social Security Disability Insurance (SSDI), insurance documentation, Family and Medical Leave Act (FMLA) documentation, and/or short-term disability documentation. Upon your arrival, you will hand this over to your assigned Case Manager, who will keep copies.

CLOTHING

Your therapies will include, but are not limited to, physical therapy and therapeutic recreation therapy. Please bring clothing that is comfortable and appropriate for these activities, including supportive athletic shoes.

Example of Activities:

- PT
- Community Walks
- Arts and Crafts
- Biking
- Aquatic Therapy

Galveston Items to Bring

Moody Neuro will provide the following items:

- Bath Towels
- Bedding
- Wash Cloths
- Shower Chair
- Deodorant
- Shampoo
- Razors
- Toothpaste
- Body Wash

*If you prefer a specific item (e.g. brand name) you will need to provide and keep stock of the item. It is recommended that you bring a 3-month supply. Moody Neuro will provide basic/generic hygiene items listed above.

You are requested to bring the following:

CLOTHING:

- Shirts/T-Shirts**
- Shorts***
- Pajamas
- Robe
- Jacket
- Sweatpants or Jeans
- Undergarments
- Athletic Shoes
- Shower/Water Shoes

**Must have sleeves. No alcohol, drug or profanity references.

***No cut offs.

ADAPTIVE EQUIPMENT

Please bring equipment you have at home/facility

- AFO(s)/Splints
- Wheelchair/Lap Tray
- Walker/Cane
- Hearing Aid (s)
- Glasses
- Communication Devices

PERSONAL HYGEINE AND BEDDING SUPPLIES

- Toothbrush
- Hairbrush/Comb
- Fingernail Clippers
- Feminine Hygiene Products
- Shower Caddy
- Make Up/Hair Products
- Electric Razor
- Hair Dryer
- Kleenex
- Toenail Clippers

MEDICATIONS

Please only bring items you currently/regularly take. These items will be kept with the nurse.

- Prescription Medications
- Diabetic Supplies (if Applicable)
 - Glucometer
 - Test Strips, Lancets, Lancet Device

FINANCES

- \$300 Moody Neuro Account – Prescriptions, copays, insurance deductible, therapeutic purposes, etc.

*If you are unable to provide this or have financial hardship, please let us know during the screening/admission process. You may be required to replenish the account if the patient uses the \$300 before the end of their program.

LEGAL PAPERS

- Guardianship/Power of Attorney Paperwork
- Living Will
- Advanced Directives
- Identification Card
- Copy of Insurance Card
- Copy of Medicare Card (if applicable)

ADDITIONAL ITEMS

- Alarm Clock
- Backpack
- Plastic Hangers
- Laundry Basket/Bag

OPTIONAL ITEMS

- Cellphone
- iPad/Laptop
- Family Photo Album
- Music Device with Headphones
- Television with Streaming Access

****If you choose to bring these or other items, you will be asked to sign a Release of Responsibility Form AND must follow facility rules when using item(s). Moody Neuro is not responsible for lost, stolen or damaged items. Moody Neuro is not responsible for any viruses associated with your laptop.**

DO NOT BRING THE FOLLOWING

- × Credit/Debit Cards
- × Jewelry
- × Heating Pad
- × Large Amount of Pocket Cash (\$5-10 is sufficient)
- × Expensive Clothing/Shoes/etc.
- × Extension Cords/Power Strips
- × Pocketknife
- × Energy Drinks